

BAR HILL NEWS

September 2013; Issue 540

NOTICE

The County Council has notified the Bar Hill News that a number of bus services may change in September. They attached a table which I've checked. **Bar Hill services appear unaffected.** However, you may wish to check before you travel: phone Stagecoach on 01223 433250, or look on their website: <http://www.stagecoachbus.com/tis-service-update-details.aspx?id=438>.

Dear Reader

A lot of articles have been submitted this month. In preparing this issue, I have had a couple of difficult e-mail conversations with contributors over the length of articles and space available to them.

This 30-page publication contains 14 pages of advertising, which pays for the machinery and comestibles to produce BHN, leaving 16 pages to reflect all facets of village life.

With autumn activities and Christmas round the corner, I'm guessing there will be many contributions in the next few months. May I therefore respectfully request that **articles are kept to a maximum of 350 words**, please? I reserve the right to amend text to fit available space.

Thank you, Editor

[In case it is helpful in gauging future articles, this message contains 128 words.]

– STORYTIME AT BAR HILL LIBRARY –

Stories and pictures, rhymes, songs and craft activities
– 10.30 am at Bar Hill Library on the second and fourth Saturday each month.

Storytime is continuing throughout the summer and into the autumn. Open to children of pre-school age and their older brothers and sisters accompanied by an adult, it offers half an hour – often more – of book based enjoyment twice a month.

We have focused on colours, pirates and rabbits recently, exploring those with stories, songs and craft activities and colouring.

This free event opens up the treasure that books present, introducing young children to their local library and revealing to them all that is to be gained from learning to read. There is no need to book; just come along.

IN MEMORY OF MARTIN BACON

Ashleigh Jolley is selling silicone wristbands in memory of the Swavesey Village College Principal. They cost £1.50 each, with all proceeds going to Brain Tumour UK. Please help us raise as much money as possible. Tel: 01954 780445.

WILLINGHAM & LONGSTANTON SURGERIES

Willingham 01954 260230; Longstanton 207600;
Dispensary 260073

Website: www.willinghammediclpractice.nhs.uk

Flu clinics – we expect to receive our flu vaccines by the first week in October. Please ring towards the end of September to make an appointment in one of our flu clinics. Flu vaccination is recommended and is free under the NHS to all people of 65 years and over, pregnant women, and those of any age with a long term medical condition, for example diabetes, heart disease, kidney or liver disease, asthma or any breathing disorder. Carers (in receipt of Carers Allowance) are also eligible.

Flu immunisation for children – this year sees an extension to the flu programme to include children who will be over 2 years and under 4 years of age on 1st September 2013. The immunisation will be in the form of a nasal spray. Please contact the surgery to make an appointment.

Shingles vaccinations – this winter sees the introduction of a shingles vaccination for patients who will be aged 70 years on 1st September 2013. There is also a catch up programme for patients aged 79 years (born between 2/9/33 and 1/9/34). Please contact the surgery for an appointment or for more information.

Going to Sixth Form or University in September? Often a change in environment can lead to outbreaks of preventable diseases, e.g. mumps and measles. Our nurses would be happy to check your immunisation status and provide any routine vaccinations needed. Book an appointment or a telephone consultation with a nurse. Crossroads Care Cambridgeshire – provides services and help for carers and their families. On Thursday 19th September at 2pm they will be running a drop-in session for Carers at Willingham surgery. They will answer any questions and give information about the work they do. Please come along to see what support is available to you.

Repeat Prescription Ordering – please note that there is a dedicated phone number – 01954 260073. Please allow at least 2 working days before collecting your medication, in order that we meet legislation requirements.

Acknowledgements – our grateful thanks to the family and friends of Mr John Wales for their kind donation in his memory.

Cynthia Bidwell – Practice Manager

deadline for the next issue is 15th September, to bhneditor@yahoo.com,
or see page 2 for other contact details

BAR HILL RESIDENTS' ASSOCIATION

2012-13 Committee

Chairman	Roger Hall	01954 780304	11 Almond Grove
Secretary	Anil Pallan	01223 655620	72 The Spinney
Treasurer	Martin Avery	01954 781233	34 Acorn Avenue
Website	Simon Munford	email: simon.munford@gmail.com	
Also:	Paul Goodfield	01954 200228	15 Little Meadow
	Jo Hall	01954 780304	11 Almond Grove

Bar Hill News

Editor	Jan Cundy	c/o Parish Council office	
Advertising Co-ordinator	Bunty Waters	01954 201421	77 Foxhollow
Distribution Co-ordinator	Martin Avery	01954 781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator bunty.waters@ntlworld.com.

¼ page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion.

Maxi ads (£8.50 per month) and Mini ads (£5 per month) should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi 6 x 4.5 cm – 9 x 6 cm; Mini 6 x 2 cm – 6 x 4 cm.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bhneditor@yahoo.com, or hard copy via Parish Council Office.

THE MAPLE SURGERY

Tel: 01954 780442

www.maplesurgery.co.uk

Surgery Opening times:

Monday, Tues., Thurs., Fri.:	8.30 am–6 pm
Weds.:	7 am–6 pm
Physiotherapist Tues.	2 pm–5.15 pm
Podiatrist Mon., Weds. & Fri.	9 am–12 noon
Weds. & Fri.	1.30 pm–5 pm
Midwife Thurs.	2 pm–4 pm
Psychological Therapies Team Thurs.	9 am–12 noon
Dietician 1st Tues. of month	9 am–12 noon
Orthoptist 2nd Tues. of month	9 am–12.30 pm
CAMTAD 4th Tues. of month	9 am–11.30 am

Phone lines open from 8.30 am–6 pm Mon.–Fri.

Out of hours emergencies:

0330 123 9131 (Urgent Care Cambridge)
Health visitors are based at Longstanton Branch Surgery, Magdalane Close, Longstanton (Tel: 01954 781855);
Child Health Clinic every 3rd Tues. 1 pm–3 pm (drop in) at Children's Centre next to the Primary School, Bar Hill

BAR HILL VILLAGE HALL



- Conference Facilities;
- Seminars;
- Committee/Meeting Room.
- Training Days;
- Exam Sessions.
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties.
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Mon.	Helene Jones Dance	3.30-8.15 pm
	(school term time only)	
Tues.	Shotokan Karate	5.45-8.00 pm
Tues.	Danielle (Boot Camp)	8.00-9.00 pm
Weds.	Helen Jones (Dance)	4.00-6.45 pm
Weds.	Zumba	7.00-8.00 pm
Weds.	Pilates	8.00-9.00 pm
Thurs.	Zumba	9.30-10.30 am
	(school term time only)	
Thurs.	Pilates	10.30-11.30 am
	(school term time only)	
Thurs.	Weightwatchers	7.00-7.50 pm
Fri.	Martial Arts	6.30-8.30 pm
Sat.	Sweat and Tone	8.00-9.00 am
Sun.	Bingo (doors open 7.15)	7.45-9.30 pm
	Cash prizes	

If you wish to book any of the above facilities, or get more information, please contact us at the Village Hall by telephoning 01954 782414 leaving a message (speak slowly and clearly please). We will call you back within 24 hours Monday-Friday. Or e-mail us on barhill.villagehall@btconnect.com. We look forward to hearing from you.

THE ALLOTMENT SOCIETY



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348 to be put on the waiting list.

All other allotment matters should be addressed to: bhallotment@hotmail.com.



FRIENDS OF BAR HILL LIBRARY

Autumn bargains for Library users

- Computers to use and websites to access
- Jigsaw puzzles to swap
- Local newspapers and newsletters to browse
- Magazines to borrow
- Thousands of books to borrow
- Titles not in stock to order

All these are free of charge at the Library. If you are watching your outgoings these days, don't forget that it offers you a huge range of services in comfortable surroundings.

Coffee mornings

Whether you are a regular, have recently come for the first time, or are thinking about joining us, do come along to our coffee morning from 10 a.m. to noon on 5 September. There will be another on 3 October.

Annual meeting

The annual meeting of the Friends will be held in the Library on 24 September, starting at 7.00 p.m. We'll be reviewing the past year and looking at the year to come. It is time for a fresh look at all our activities, and with that in mind present and past Friends have been consulted about the way forward. You are urged to come along. Non-members who care about the Library are welcome too; their views will be valued as well.

VOLUNTEERS NEEDED

To help plan and organise a fundraising event in aid of **BBC Children in Need**. No experience required! Please contact Krystie Driver ASAP if you're interested: krystie_driver@hotmail.co.uk

- FOR SALE -

ERCOL COLONIAL SUITE with wooden arms; two-seater settee and three armchairs. Recently re-covered. VGC. £65 - buyer collects (Bar Hill). 07757 995080; 01223 233273

MATHS AND PHYSICS TUITION

Qualified teacher, with First Class Honours Degree in Physics, offers GCSE and A level tuition in Maths and Physics. Telephone Paul Noble on 01954 780477.

USEFUL TELEPHONE NUMBERS

- Church Office 206120 • Conservative Party (Iris Lay) 205265 • Happy Hours (Helen Collins) 782203 • Liberal Democrat Party (Andy Pellew) 07814 871752 • Library (renewals and enquiries) 0345 0455225 • Neighbourhood Watch 01954 201001 • Parish Council (Leigh Baffa) 780456 • Police non emergency 101 • Post Office 789285 (Harry) • Pre-School 782892 • Samaritans 01223 364455 • School 273305 • Social Club 781881 • Swavesey Village College 230366

...letters...letters...letters...letters...

Dear Editor

The hot weather has brought about much activity on the Bar Hill allotments. It has been exciting to see all the work produce such an abundance of vegetables and fruit. It has made us think about just how worthwhile it is growing your own produce. The quality and taste simply can't be beaten and eating your meals knowing that a couple of hours ago it was in the ground is very rewarding. It can also save such a lot of money and is also environmentally sustainable. We are a friendly group of people who have the opportunity to share ideas and celebrate their successes together. **We currently have a handful of plots and half plots available** and wanted to remind everyone that the impending autumn is the time to start getting your plot ready for next year's produce. It is also possible to grow a wide range of winter crops to take you through until Spring. So, if you are interested in taking one of these plots to please call our plot allocator, Rob Lawrence, on 07788 590348. We look forward to meeting you soon!

Best wishes

The Bar Hill Allotment Society

Bar Hill Residents' Association

The inaugural meeting of the Bar Hill Residents' Association took place on 20th October 1967. It was attended by 27 residents, representing most of the families then living here. It resolved, particularly, to raise funds to promote the interests of the village and to keep residents informed of matters of interest to them.

I have copies of these minutes.

Best regards, *Robert Tompkins*

I shall be taking orders from August for baking rich fruit cakes in September to mature ready for Christmas.

Prices from £5 to serve 2 up to £48 for a 10" square cake serving 40. Please get in touch to get a full price and size list.

The rich fruit cake contains brandy and almonds and comes iced with marzipan and icing on a cake board. I also make a madeira which contains fresh lemon and comes iced and on a cake board.

I prefer to give customers a blank canvas for their own decorations. I can arrange for decorations if required. Special dietary requirements can be requested.

Thank you in anticipation of your orders.

Kindest regards

Avril Williams

01954 782431; avril.williams1@btinternet.com

HAPPY HOURS – NEWSLETTER



Anne has finished our competition schedules and members can begin their various games. As well as Bingo we purchased some large playing cards and tried a game of Play Your Cards Right, something different for members.

Our speaker this month was War Evacuees which brought back many memories. A lovely man who "chatted" rather than "spoke". It had started with his granddaughter doing school work and expanded from there. He told us of his experience of being evacuated to a farm in Lincolnshire. He had gathered many items: posters, ration books, gas mask etc. from the war. Many people do not realise that children often went four and five years without seeing their parents and were then expected to resume normal life with these almost-strangers.

We welcomed back Isher who is helping during the school holidays. What a lovely thought and deed.

We had an outing to Saffron Walden, Long Melford and Lavenham. Despite the showers, which we managed to dodge, we had a lovely day.

We shall now welcome our new baby prince with a party during August.

Helen Collins

01954 782203

HAVE A FUN DAY OUT WITH YOUR DOG

On Sunday 8 September, as part of the Food, Farming and Countryside Day at Milton Country Park, there will be a fun dog show in aid of Hearing Dogs for Deaf People. Why not make a day of it? Have lunch and check out all the stalls. The park is dog friendly and you can have a leisurely off lead walk in most of the park.

There will be 12 classes, including a fun scurry (*how fast can your dog jump over logs to retrieve a toy*), obstacle course (*if the dog can't manage the obstacle then the owner has to do it!*), fastest 'sit' competition, plus cutest puppy, golden oldie and best trick to name but a few. There will be certificates and rosettes for 1st–3rd in each class, the winner will receive dog food, and there will be lucky entrant number prizes. Best in show will also receive a rather special prize.

Entry is from 11am and classes start at noon. Each class is £1.50 per dog. Vets from Village Vet will be judging. Trophy Pet Foods will be there. Hearing Dogs will be selling merchandise, running a tombola and a book stall, and we will have lots of information about the charity. Hopefully there will be some trainee Hearing Dog Pups to make a fuss of too.

For further information please contact Pam Harper, Hearing Dog Puppy Socialiser, [pih@harpersonline.com](mailto:pjh@harpersonline.com), 01954 781664; or Jenny Parker, Hearing Dogs for Deaf People, Cambridge Branch Co-ordinator, jennifer.parker5@btopenworld.com, 01223 833562 (evenings preferred).

Hope to see lots of you with your dogs on 8 September.

Pam & Jenny

8 O'CLOCK CLUB

The 8 o'clock club is an all-women's group which meets at 8pm on the first Thursday of the month in the school at Bar Hill. We have a varied programme and, following our break for the summer, our programme for the coming term is:-

Thursday 5 September: Enrolment evening – come and have a glass of wine and meet the members.

Thursday 3 October: Geoff Evans returns to show us his wonderful slides of Alaska.

Thursday 7 November: Growing Old Disgracefully.

Thursday 5 December: Christmas dinner.

To find out more about the club please phone Barbara 01954 204171; Adela 01954 204265 or Ann 01954 204687, or come along to one of the meetings.

MAPLE SURGERY NEWS

Tel: 01954 780442

The Surgery will be closed on Thursday 19th September from 1-6pm for Clinical Governance. For Out of Hours Cover, please call Urgent Care Cambridge on 0330 123 9131.

GP News – as from 1st September, we welcome Dr Fiona Irwin to the Practice. Dr Irwin will be working on Monday, Wednesday and Friday replacing Dr Bhandari who, sadly, is leaving us.

Vaccinations

Rotavirus – available for babies up to the age of 24 weeks. Please phone for an appointment.

Shingles – will be available in September for all 70–79 year olds registered with the practice. Patients will be contacted by the surgery.

Flu – eligible patients will be invited soon – look out for your invitation!

Prescriptions – please remember to allow TWO clear working days for repeat prescription requests to be processed. For your own safety we are unable to accept requests by telephone. You can use our dedicated email maplesurgery.repeats@nhs.net or put your completed repeats slip in the grey box located on the wall in the front entry foyer at the surgery. When surgery is closed please post through the gap in the front door.

Appointments – we are still experiencing a large number of wasted GP and Nurse appointments. If you cannot attend for any reason, please let us know as soon as possible so we may offer your appointment to another patient.

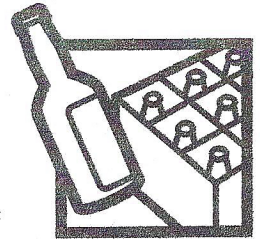
The Maple Surgery Team

...fun fact...fun fact...fun fact...fun fact...fun fact...

"Percussive maintenance" is the technical term for hitting something till it works!

BAR HILL SPORTS AND SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large TV screens in HD, play pool, darts, skittles and cribbage or enjoy a drink in our quiet lounge bar. We also have an Xbox available for gaming.



What's on in September?

Play Your Cards Right Saturday 7th September 2013

Play Your Cards Right Saturday 21st September 2013

Looking Ahead...

Saturday 23rd November, Jenna, Singer
Visit our website, www.bhssc.org.uk or join us on Facebook, at Barhillsports.Socialclub.

Play Your Cards Right Night

A new members' competition held fortnightly on a Saturday night. Guaranteed prize on the night. Why not come in and have a look. Full details in the Club. You must present a current membership card to play.

Saturday Afternoon Football – Home games – all kick off at 1500

Saturday 7th Sept BHSSC v Chatteris Town Reserves

Saturday 14th Sept BHSSC v Milton reserves

Saturday 21st Sept BHSSC Reserves v Little Paxton

Saturday 28th Sept BHSSC Reserves v Saffron Crocus (John Ablett Cup)

Saturday 5th Oct BHSSC v March Town Reserves

Not a Member?

New members are always welcome, join now for £10; Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

The club also has a junior membership for 16 and 17 years olds for a one-off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin

01954 781881 (BHSSC)

BAR HILL SCHOOL PTA PRESENTS...

– PAMPER EVENING –

at Bar Hill Primary School Hall

– Friday 20th September 2013 at 6.45pm –

A drink on arrival is included in ticket price.

Book as many treatments as you like, subject to availability.

Relax with a glass of wine from our licenced bar. Browse a selection of stalls including Bodyshop @ Home, jewellery stalls, scented candles, gift stalls and more!

Tickets available from school office £2.50 or £3.00 on the door.

CHURCH MATTERS

ROCK SOLID...

...is a midweek club for primary school age children which runs during term time only every Thursday evening in the Octagon/Meetings Room, from 6pm till 7.15. We have great fun with songs, news time, bible storytime, craft and games, stopping for a quick break for drink and a biscuit half way through! We are fully subscribed at the moment, but if you think your child would like to come along, please contact Adrienne Sharman 01954 780874 for further information.

YOUNG PEOPLE GROUPS

Youth Socials

There is a time to relax, play games (Wii, Pool, Table Tennis) one Sunday per month from 7.15–9.00pm in the Octagon.

Cell Groups

These are groups of young people, meeting once a month, to learn more about the Bible and the Christian faith.

Cafe Church

As an alternative to sitting in the Sunday morning service, the children & young people meet in the Octagon on 1st and 3rd Sundays, for breakfast and a learning activity.

Young Peoples Evening Worship Service

This informal service is for adults and young people and uses contemporary music and format. This is held at 6.30–8.00pm on the 2nd Sunday of the month, starting with cake and drinks!

For more information on any of these events contact Heather at familysmeth@ntlworld.com.

HARVEST FESTIVAL SONGS OF PRAISE

Come and celebrate Harvest at a special Songs of Praise on Wednesday 18th September at 3pm in the Octagon. There will be refreshments afterwards and everyone is very warmly invited.

A big thank you to everyone who came to the Church and purchased a cream tea on fete day.
We raised £245 which was donated to Traidcraft Exchange.

MESSY CHURCH...

...is for pre-school and primary age children and their carers. They meet in the Octagon from 3.15–5.15pm on the 2nd Wednesdays of each month from September. Each session begins with craft activities followed by a story & song on a Bible theme, and ends with a simple meal. Come along!

For more information contact Peter at familysmeth@ntlworld.com.

BAR HILL CHURCH HOMEGROUPS

At Bar Hill Church we have six small groups who meet regularly both weekly and fortnightly, with a mixture of evening and daytime meetings. We hope that the groups facilitate discipleship, mission, fellowship, evangelistic outreach and pastoral care. We study a variety of popular biblical material; recent studies have included bible studies on the books of Romans and John as well as deeper insights in to the topics of prayer and worship. This year the groups also studied the television adaptation of 'The Passion of Christ' during the period of Lent. The current topic of study is 'praying through the Psalms'.

If you are interested in joining in the fellowship of a small group within the village please contact me at the Bar Hill Church office to discuss placing you in a suitable group.

With Blessings in Christ

Jenny Patton – Small Groups Coordinator

MUCKY PUPS

Every Tuesday from 1.30–3 pm.

Meet in the Octagon for bumps through to just walking.

There will be the opportunity to meet with others, play, crafts, and coffee and chat!

For enquires contact Ginny Markwick on 789206 or Pat Muir on 201367.



– HARVEST QUIZ AND SUPPER – SATURDAY 28th SEPTEMBER

6pm–9.30pm in the Church

We will be having a Fish n Chip supper, which you will need to order and pay for by Saturday 22nd September.

There will be a Pudding Competition too, following the LOAF principle:

- L: Local produce;
- O: Organic;
- A: Animal friendly;
- F: Fairtrade produce

You will need to label your pudding with its name, your name and which ingredients are in which category. A small prize will be given to the winner. An extra charge of £1 will be for your drinks for the evening.

If you wish only to do the quiz, it will start around 7pm.

Quiz teams of 8 or less people.

For more details see the poster in the Church window or contact Karen on 01954 781085.

– FOR SALE –

Wooden highchair in excellent condition – £20 ono;
Mothercare pushchair. Please call 780146.

FREE gas cooker in working condition; oven hardly used. Collect from Stonefield. 07941 441734

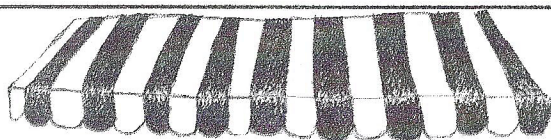
CHURCH MATTERS

THE COFFEE STOP



This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat.

Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone. We would love to see you on a Wednesday morning.



BAR HILL COMMUNITY MARKET

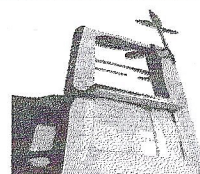
5th October
2nd November
10.30am – 2pm

In the Octagon next to the Church CB23 8EH
– Entry is Free –

A variety of Handmade Crafts, Jams, Fruit, Vegetables,
Cards and Beauty products.
Refreshments
Soup from 12noon
BBQ (weather permitting)

Come and support your local community.
We raise funds for Community projects too.

If you wish to be part of the market please contact us.
Karen Austen 01954 781085 or
Sue Gadsby 01954 200875



BAR HILL ECUMENICAL CHURCH SERVICES FOR SEPTEMBER 2013

Everyone is welcome at our services.

The Church Minister is Charles Mather. Please contact him on minister@barhillchurch.org.uk, or by phone 01954 277119. Website: barhillchurch.org.uk.

- Sun. 1st: 10am: Holy Communion with Cafe Church for the young people.
No evening service; Church Eco Walk at 2pm with a picnic at Lolworth.
- Sun. 8th: 8am: Holy communion
10am: Morning Worship
6.30pm: Young Peoples Service
- Sun. 15th: 10am: Holy Communion with Cafe Church for the Young People.
6.30pm: Evening Worship
- Weds. 18th 3pm: Harvest Songs of Praise in the Octagon
- Sun. 22nd 10am: TRIO Service
6.30pm: Evening Worship with Holy Communion
- Weds. 25th 10am Mid-week Communion
- Sun. 29th 10am: Harvest Service – Festival of the Sea
6.30pm: Evening Worship

There is a Roman Catholic Mass every Saturday at 6 pm.

Contacts: Church Centre Manager Tel 206120.
Office hours Mon., Weds. and Fri. 9.30–10.30 am.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

Parish Priest: Mgr Peter Leeming Tel: 01223 350787
Deacons: Revd Robert Joyce, Tony Northrop and Tony Sutton
Local contact: Bunty Waters Tel: 201421
Monday, Wednesday, Thursday, Friday 8am and 12.15pm
Tuesday 8am and 7.30pm
Saturday 6pm. First Mass of Sundays

Masses in the Parish Church in Cambridge; also 5pm at The Ark, Cambourne, and 6pm at Bar Hill Church Centre.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30–11.15am, 4.30–5.15pm, 7.00–7.45pm

Details of other services are published in the weekly newsletter which is available at the 6pm Mass each Saturday – copies are also available in the Church Centre.

KNIT AND NATTER...

...is on Thursday afternoons from around 1.15–3.15pm in the Octagon. We are a friendly and active group that produces hats scarves and mittens for "Operation Christmas Child" shoe boxes. We make lots of other things too. By joining us, you will meet new friends as well as providing support to organisations that need voluntary help. We have several outings a year, occasional lunches, coffee mornings, a Garden Party in August and a Christmas lunch. You don't have to be able to knit, you are very welcome to come and "natter" and enjoy a nice sociable afternoon. For further information contact Sue Kenchington 01954 780260. Everyone is welcome of any faith, or none.

BAR HILL CRICKET CLUB

E-mail problems resulted in last month's report not being received, so there's plenty to report, with some fine performances, including two centuries and a six-wicket haul.

The stars were Muhammad Iqbal, who made an unbeaten 128, then took 4-14 as Bar Hill beat Needingworth. Wayne Rowland made an unbeaten 119 and Barry Driver took six wickets as Bar Hill posted 275 for 8 against March III.

The Firsts lost a thriller against Wilburton by just one wicket. Bar Hill made 183 for 9, Wilburton were glad to sneak home with the last pair at the wicket and a ball to spare. The following week we beat Milton with a wicket to spare. The Firsts enjoyed a more routine victory at Little Downham on fete day, with the hosts dismissed for 83, Bar Hill reaching their target reached inside 17 overs. A defeat by six wickets at Haddenham followed, with Bar Hill all out for 118. The hosts galloped to victory in 21 overs. Priyal Perera took two wickets in his last match for the club before moving overseas. He has been a big part of the club in recent years and will be missed. The Firsts won their next two matches against Chatteris II and Cottenham II, but were defeated by five-wickets against Waterbeach.

Iqbal's heroics launched the Seconds on a fine run of victories. Cambourne II scored 71, and Bar Hill did not lose a wicket in reaching their target. Cambridge Granta IV scored 134 in reply to Bar Hill's 175. Cam Kerala were dismissed for 94; Bar Hill reached this target for the loss of two wickets. Finally, Girton II were beaten by 48 runs, with Bar Hill scoring 155 for 9; Girton were dismissed for 102.

In the Cambridge Business Houses Cup, the Dobbblers were beaten, but Bar Hill lost in the quarter-finals against Allstars.

The youth players had their first taste of action in friendlies again Cambourne, Longstanton and Histon and acquitted themselves well, which bodes well for next year, when it is hoped we will enter a team in the CYCA league.

There was also a fun parents-versus-children match, won by the youth team. John Cornwell took two wickets and Harry Peterson made 21 among many good performances from the youngsters. We are planning some winter training sessions for the youth team – see our website for details.

Finally, many thanks to all those who availed themselves of our barbecue on fete day. We always enjoy the day and it was nice to see so many people having fun on the green. Special thanks to Barkers Bakery for their generous donation of rolls and loan of the van.

For all the latest news on the cricket club, visit www.barhillcricket.org.uk. We also have a Facebook page and you can follow us on Twitter @BarHillCC. Paul Stimpson, 01954 201212

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NEIGHBOURHOOD WATCH

Need a tradesperson to do some work around your home? Safety advice recommends that, rather than responding to cold callers, you approach two or three companies and compare written quotes.

You could: • ask friends and neighbours for recommendations; • approach advertisers in this magazine; • or use Buy With Confidence.

This is an approved trader scheme set up by Cambridgeshire Trading Standards to support and promote good, reliable tradesmen in the county. Listed traders have been independently checked for their commitment to customer service and for compliance with consumer law. They continue to be monitored by regular visits and by feedback from customers.

To find a Buy With Confidence member: • enter your postcode at www.buywithconfidence.gov.uk; • call the Citizens Advice Consumer Helpline on 08454 040506; • ask your local library staff to assist you.

Trading Standards are keen to extend the scheme, so if you know a reliable local trader please nominate them at bwc@cambridgeshire.gov.uk. Also if you are a trader and would like to become a scheme member, you can apply at www.buywithconfidence.gov.uk.

Let's all promote good traders and above all, don't respond to cold callers on your doorstep without getting other quotes to compare. Their offer may sound very tempting but is it genuinely a good deal? Be very wary of talk about 'a special discount just for you', 'the offer is only available today' or similar phrases. Genuine salespersons should not pressurise you into a decision.

Be safe – don't be sorry.

Pam Vendy

Village Co-ordinator.

Tel 01954 201001; nhwinbarhill@yahoo.co.uk

MEMORIAL GARDEN UPDATE

I am pleased to report that the Memorial Plaques are now in position. On 28th July following Morning Worship, the Rev Charles Mather, Minister of Bar Hill, conducted a short service to remember all those who are named on the Plaques.

The Memorial Garden continues to mature. We are always looking for new colleagues particularly those with the "Green Finger Touch". Please contact Chris below.

Should anyone like to make a donation, however small, it is much appreciated. We have an account at the Cambridge Building Society: "Bar Hill Memorial Garden Fund"; Account No. 1768402740.

If anyone is interested in having a plaque erected in the Memorial Garden, the cost is £75. Please contact me on 01954 781978 for further details.

Chris Stannard, Project Co-ordinator

JUMBLE SALE AND MORE!!

– Saturday 21st September –

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Contact Andrea Rusted 07784 700759 or 01954 201782

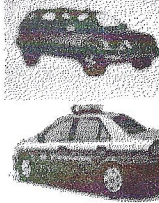
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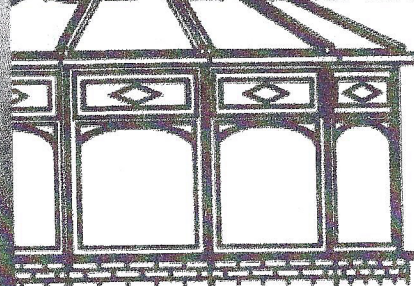
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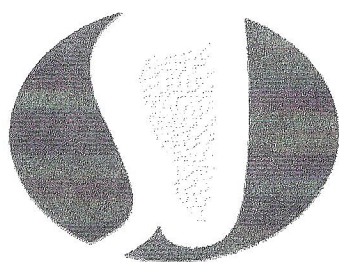
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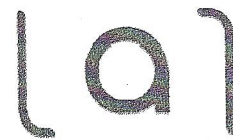


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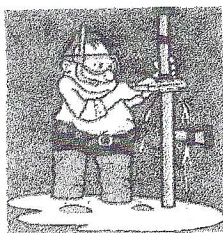
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Upcoming Stall dates

Community Market, Octagon, Bar Hill, from 10am to noon on Saturday 7th September, and Saturday 5th October.

If you have any spare polyester toy stuffing, ribbons or yarn we are in urgent need of your donation. We have discounted items for sale in our eBay Charity Store Rosieinstitches2010.

To support Friends of the Rosie Hospital, Cambridge, England, visit

<http://www.easyfundraising.org.uk/causes/forh> and follow the instructions. You can raise funds by using the Easyfundraising search site at

<http://forh.easysearch.org.uk>. Follow us on the Rosie in Stitches Facebook page. New knitted clothes and toys for sale on our website

www.rosieinstitches.org.uk. There are links to affiliate stores on our website from which we will get a donation.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers, or display a small selection of our wares, please contact a member of the committee; details are on our website.

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NWR



Ladies – Give yourselves a break. Enjoy discussions and make new friends!

NWR is a national organisation promoting friendship and self-confidence for lively minded women. We share ideas discuss topics, occasionally listen to

speakers and enjoy social events. We invite you to join us, come along to one of our meetings, you would be very welcome.

12th September – PowerPoint presentation by Carol Pook, from her U3A series Scandalous Women – Hester Stanhope. Venue: Pat's

26th September – Women in the 21st Century. Choose an inspirational woman's life from the 21st Century and compare with Hester. Venue: Jane's

10th October – Planning for the next six months.

The Bar Hill NWR group meets informally on alternate Thursday evenings, we pay just £1.00 per meeting to cover costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Jackie Ellis on 780523 or Marie-The Last on 780329. NWR can also be found on www.nwr.org.uk. Why not have a look!

SEPTEMBER BULLETIN FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Harvest is upon us and we are calling on local residents to help fight against straw stack arson. Stack fires can quickly spread and not only endanger people and livestock, but also life-long work on farms. Stacks burn very slowly meaning crews are committed for long periods, making them unavailable for other emergencies. Don't forget, many of the firefighters attending incidents like these in rural parts of our county are on-call personnel, and their retention at a stack fire impacts directly upon business and services in their community.

We are working with police, neighbourhood watches and farm groups to drive stack arson down, including installing covert cameras to help bring those responsible to justice.

What can you do? We are urging everybody in rural areas to keep a careful watch. Become a community member of Arson Watch and keep an eye on stacks in your area. Report suspicious activity to police on 101 and dial 999 if you see a stack fire. Like our fan page on Facebook: www.facebook.com/cambsfrs, follow us on Twitter @cambsfrs.

To find out if you are eligible for a free home fire safety check, call 0800 917 9994.

BAR HILL CHILDMINDERS



If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully

insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (details below).

Childminders with Current Vacancies

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Carol	780238
Kirsty	07584 168909
Melanie	204496
Jacky	780249
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'Little Bunnies' Toddler Group for Babies and Pre-school Children and their Parents/Carers. We meet on Thursdays 9.45–11.15 am in the Octagon (term time only) £2.50 per family/carer – or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

HAVE A FUN DAY OUT WITH YOUR DOG

On Sunday 8 September, as part of the Food, Farming and Countryside Day at Milton Country Park, there will be a fun dog show in aid of Hearing Dogs for Deaf People. Why not make a day of it? Have lunch in the excellent café and check out all the other stalls. The park is very dog friendly and you can have a leisurely off lead walk in most of the park prior to joining in with the fun at the dog show.

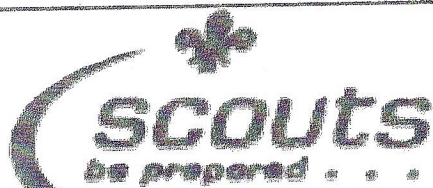
There will be 12 classes, which include a fun scurry (how fast can your dog jump over logs to retrieve a toy?), an obstacle course (if the dog can't manage the obstacle then the owner has to do it!), a fastest sit competition plus cutest puppy, golden oldie and best trick to name but a few. There will be certificates and rosettes for 1st to 3rd in each class, the winner of each class will receive some dog food and there will be some lucky entrant number prizes. Best in show will also receive a rather special prize.

We will be taking entries from 11.00am and classes start at noon. Each class is £1.50 per dog to enter. Veterinary Surgeons from Village Vet will be judging. Trophy Pet Foods will be there with their dog food, toys and accessories and Hearing Dogs will be selling merchandise, running a tombola and a book stall, and we will have lots of information about the charity. Hopefully there will be some trainee Hearing Dog Pups to make a fuss of too.

If you need any further information please contact Pam Harper, Hearing Dog Puppy Socialiser pjh@harpersonline.com 01954 781664; OR Jenny Parker, Hearing Dogs for Deaf People, Cambridge Branch Co-ordinator jennifer.parker5@btopenworld.com 01223 833562 (evenings preferred)
Hope to see lots of you with your dogs on 8 September.
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Group Scout Leader – Rohan Platts;

rohanplatts@hotmail.com;

District Beaver Leader – Debbie Glover;

debbiegloverbeavers@live.co.uk



GIRLGUIDING IN BAR HILL

In September we look forward to welcoming girls to Rainbows, Brownies, Guides and Senior Section, but especially those joining a unit for the first time. A big welcome too to our new adult leaders: Julia Thompson and Mary Tomlinson.

Girlguiding units are currently held in Bar Hill: Rainbows (age 5–7) Monday and Wednesday, Brownies (age 7–10) Tuesday and Wednesday, Guides (age 10–14) Wednesday, and Senior Section (14+) meet monthly.

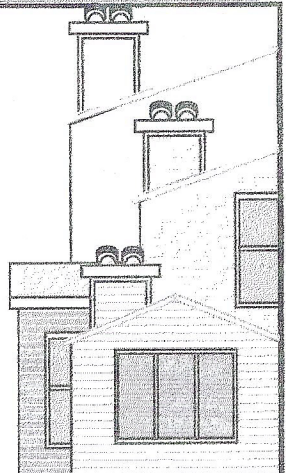
If you would like to volunteer, or your daughter wants to join us having fun in a girl only environment, please go to <http://www.girlguiding.org.uk/interested>.

For more information about local girlguiding, please contact us by phone on 07980 739928 or send us an email. Di Gunton (di@thegunttons.com) or Nina Hutt (ninahutt25@aol.com), Bar Hill District Commissioners.

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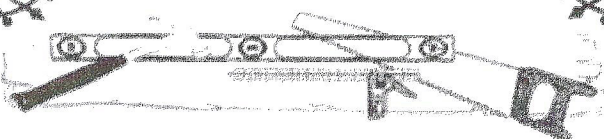
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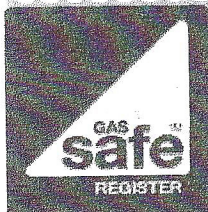
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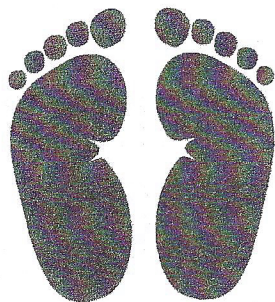
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REPORT TO PARISH COUNCIL SEPTEMBER 2013

REPORT FROM YOUR COUNTY COUNCILLOR JOHN REYNOLDS.

Fracking (or hydraulic fracturing)

I have set out below the position on this important issue.

Fracking (or hydraulic fracturing) is carried out at significant depths underground. The drilling of a vertical well is followed by directional drilling into rock seams thought to contain gas/oil. High pressure fluid and small explosive charges are used to shatter the rock and the resultant cracks are filled with sand to provide a porous pathway for fluid/gas to escape and be flushed into the production water. The source rock for this process is usually shale or clay strata.

The drilling of such wells, and the establishment of any gas/oil production facility, will require planning permission from the Mineral Planning Authority and the normal community consultation arrangements for planning applications will apply to any proposals received. In July 2013 the government published a planning guidance note on onshore oil and gas for Mineral Planning Authorities.

Any planning applications received will be considered within the context of the policies of the National Planning Policy Framework and the council's adopted minerals plan where safeguarding policies are set out in respect of visual amenity and highways impacts, protection of ground and surface waters, sustainable management of wastes, air quality and noise and disturbance. In certain circumstances the proposals may be subject to the process of Environmental Impact Assessment involving detailed consultation with the other regulatory bodies involved.

Cambridgeshire County Council as the Mineral Planning Authority for the County, and would have to consider any proposals for onshore oil and gas extraction. To date the Mineral Planning Authority is not aware of any Exploration Licences being awarded by the government within Cambridgeshire. The authority has not received any approaches from potential developers at this point. John Reynolds is a member of the County Planning committee.

A14 Improvements

The Government confirmed it would be bringing forward the £1.5 billion project to improve the A14, with a provisional start date of 2016. Local Parish Councils are being consulted on a range of options. I understand a formal round of consultation is to take place in September-October.

How to keep in touch

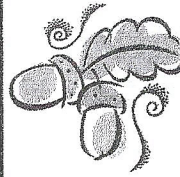
Many individuals, the Parish Council and other groups receive my more detailed monthly email. If you wish to receive this, please contact me:

j.e.reynolds@ntlworld.com.

Northstowe – progress

Some time ago the local Planning Committee agreed, subject to a large number of conditions, the approval for the first 1500 homes at Northstowe. Detailed negotiations between the developers Gallagher's, Homes and Community Agency, Central Government and local authorities have been agreed. We expect work will start on the archaeology excavations in September-October and should last about six months. The contractor's main ground works including main sewers, roads and drains should start in March-April 2014.

LITTLE ACORNS PRE-SCHOOL



Little Acorns is a privately owned pre-school. We provide a wide range of activities to promote children's early learning and development.

We are open Monday to Friday from 9am–3 pm during term time. Children may come for a minimum of 2½ hours during this period up to the maximum of 6 hours per day, which would include lunch.

Children are able to start pre-school as soon as they are 2 years old.

Nursery Education Funding (15 hours free per week) is available in the term after the child's 3rd birthday.

We are registered to offer places to children on the 'free twos' scheme. If you are on income support you may be eligible for 10 hours per week of free care for your 2 year old. Please ask us for more information about referral or visit the children's centre who will also be able to advise you about this.

All our staff hold early years' qualifications and are trained in first aid and child protection.

For more information or to register your child please see our new website at www.littleacornspreschoolbarhill.co.uk or e-mail us at littleacorns.barhill@ntlworld.com. Or during session time please phone Sally or Gail on 07851 803083.

We are situated just off the green next to the primary school; please feel free to pop in for a visit. Alternatively we hold termly open mornings for all our new starters, when you and your child may visit together.

Our rooms are currently available to hire for children's parties and other events at very competitive rates. You don't have to attend pre-school to use this service. Please ring or e-mail for more information.

We look forward to meeting you and your child soon.

Little Acorns Pre-School, The Sparc Building,
Gladeside, Bar Hill, Cambridge CB23 8DY.
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<http://www.barhillpreschool.co.uk>

Village Hall 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect the needs of all the children. We offer fully flexible care between 9am-3pm, for children aged 2-5yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Funded 2's'.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us. The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

To fulfil our commitment to meeting children's individual needs we use communication diaries as part of our outstanding parent/carers partnerships. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk.

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

****THANK YOU****

I would like to thank every member of staff and all the other volunteers who have given up their valuable time over the summer holidays in helping redecorating, cleaning and tidying the preschool. It looks amazing!

****A date for your diary****

3rd September: Jumble sale from 9:30am to 3pm. We are selling preschool and playtots toys, which are not required any more in order to raise money for our new kitchen garden corner.

ESOL kawiarnia/tylko mówić!

Lekcje języka angielskiego dla mówiących w innych językach

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sadams@Chesterton.Cambs.SCH.uk

lub centrum sportów Chesterton – 01223 576110

COUNCILLOR CHAT

Bin collections/Dog fouling

Bin collections in South Cambridgeshire have been given a big thumbs up, with 97% of residents agreeing that the service is as good as, or better than, 12 months ago.

The South Cambridgeshire District Council satisfaction survey showed that, overall, 89% of residents are satisfied with the service, a one per cent increase from 2011. Household residents were also asked what could be done to improve the service, with the largest number of comments calling for an increase in the capacity of green and blue bins so that residents can recycle even more.

Asked about their local environment, dog poo not being picked up was highlighted as an issue of concern by 52% of respondents. However the majority of those who reported incidents were satisfied with the Council's response.

The survey was sent to 2,200 randomly selected residents, the Council's consultation panel and was publicised on the council's website, Facebook page and Twitter feed.

Residents who want to report persistent dog fouling problems in their local area can do so here: www.scambs.gov.uk/form-type/report-it.

It just shows you can win!

Two families will be winging their way to Duxford Air Show next month after scooping family tickets in SCDC's residents' magazine competition. Laura Potter from Swavesey and Jaymes Sinclair from Girton won the prizes donated by IWM Duxford after being drawn from hundreds of entries.

If you are interested promoting your business by sponsoring a competition in the magazine please contact Katrina Burrill at KM Media and Marketing on info@km-media.co.uk or call 01522 513515.

Queries regarding welfare reform

From April 2013 Welfare Reform took place which means Housing Benefit is potentially reduced for households deemed to be under-occupying a property. If you have any questions or problems please contact peter.moston@scambs.gov.uk who will be able to advise you.

Your District Cllr can be contacted on

Cllr.waters@scambs.gov.uk 01954 201421 or 07734 690580; Cllr.hall@scambs.gov.uk 01954 780304.

WILLINGHAM SURGERY has purchased a new

examination screen for the nurse's room. We think the screen it replaces came from the old Mill Road Maternity Hospital. If any amateur dramatic society would like this 'antique' for their props, please contact us. It has been cleaned!

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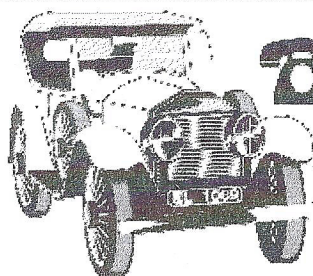
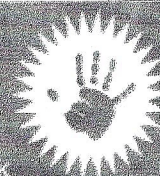
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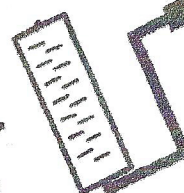
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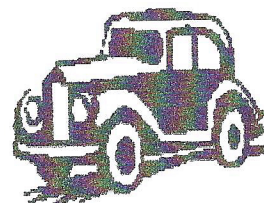


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BAR HILL PARISH COUNCIL

Leigh Baffa, Parish Clerk

Tel: 01954 780456

e-mail: bhillpc-1@btconnect.com

Please note that the office is open to the public between 10am and 12 noon Monday to Thursday, and by appointment only on Fridays.

Parish Council Web Site

Please note our Parish Council website is currently unavailable as we are in the process of creating a new website.

Play Area

The Parish Council has been informed by several parents that some dog owners are allowing their dogs in to the main play area on the village green. There are signs on the fencing asking owners to keep their dogs out of this area as small children are playing here at all times. PLEASE be a responsible owner and keep control of your dog.

Perimeter Road Footpaths

In response to a letter I have received with regard to the possibility of creating more footpaths around the perimeter road. At the time the Parish Council had the existing paths created it was to link the streets to the bus stops and post boxes and this cost over £100k.

Unfortunately, to have more paths created would cost in the region of £250k and that sort of funding is not available.

Parish Council Meetings

The next Parish Council meeting will be held on Thursday 19th September at 7pm in the Parish Council Office and all members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put their views across.

Handy Telephone Numbers

Streetlights: 0800 253529 and give the number that is written on lamppost.

South Cambs District Council: 08450 450500

County Council (damaged paths and roads): 01223 717111.

...apology...apology...apology...apology...

I'm very sorry that I published the dates for September rather than August in last month's BHN. As no one has commented on this, I wonder whether it is necessary to publish these dates at all? Thoughts to me (not for publication).

If there is little response, I shall remove this item if space is needed.

BIN COLLECTION DATES

4th September	black bin
11th September	green and blue bins
18th September	black bin
25th September	green and blue bin



- POP QUIZ -

- Saturday 12 October at Bar Hill School -

Booking forms available from the school office.

Teams of up to 8 people - £4.50 per person.

Fully licensed bar. Hot food.

If you wish to bring snacks please remember this is a NUT FREE school.

IS RENEWABLE ENERGY FOR YOU?

Cambridge County Council Trading Standards

As solar panels become a common sight, you may be wondering what options are available to save or even generate your own energy, but it can be daunting knowing where to start. At Trading Standards we want to help you find a trader you can trust and make sure you know what you can expect of these businesses.

When considering the options available to you, the Energy Saving Trust (www.energysavingtrust.org.uk) is a good place to start. They are an independent organisation that provides free, expert advice on saving energy in your home. Their website contains extensive information, and they also have a helpline which can be contacted on 0300 1231234 at national rate.

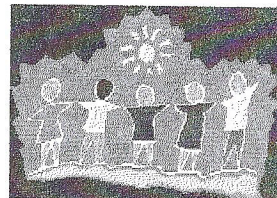
There are a range of businesses that offer home assessment visits to advise you on options. It is important to shop around to ensure they are reputable, and the price is fair, before agreeing to any work.

As always, we would recommend getting three quotes to ensure the installation price and projections are reasonable. Check the terms and conditions carefully before agreeing to any work.

If you encounter any problems with an assessor, installer or any type of business and need some advice, please contact our advice partner, the Citizens Advice Consumer Helpline, on 08454 040506 (national rate).

BAR HILL PARENT AND TODDLER GROUP

Wednesday and Friday 9.45 to 11.15 am at the Octagon Centre, next to Bar Hill Church.



For families and carers with children aged 0-4 years.

There is a variety of toys and activities for toddlers and pre-schoolers, and a baby area with mats and age appropriate

toys. Drinks and snacks are provided.

Prices: Under 1's - £1.00 (or FREE when paying for a sibling over 1); Over 1's - £2.00.

Maximum charge per family/child-minder - £3.00.

Visit our Facebook page for details of upcoming events; or e-mail: bhparentandtoddler@gmail.com.

STAY INDEPENDENT, SAFE AND WELL

Visitors to Bar Hill Library will have the chance to find out about local services to help themselves and people they care for stay independent, safe and well when the Your Life, Your Choice adult social care roadshow comes to the library from 4th–28th September 2013.

The roadshow features a display of information to help people remain in their own homes for as long as possible and, for those needing support, provides details of local services and support. The display will be available at the Library during opening hours.

If you are unable to visit the roadshow the Your Life, Your Choice website www.yourlifeyourchoice.org.uk provides information about local services and support to help you stay independent, safe and well. You can also get help and advice by contacting adult social care enquiries at Cambridgeshire Direct on 0345 045 5202.

"Sing and Sign" is designed especially for all babies and toddlers, deaf or hearing. Signs are mainly based on Makaton, which are the easiest for babies to understand and copy with their tiny hands. Class sizes are strictly limited to 12 babies, so that the teacher can give each child and carer the learning support that they deserve.

Parents and carers bring babies generally from six months old to **"Sing and Sign"** classes and feel the benefit of starting early. The adults learn the signs in a fun way while the babies enjoy the singing and music. Older babies and toddlers can also start at any age up to around 24 months and enjoy the fun and interactive aspects of the classes. Stage 2 classes for toddlers are more physically active and teach signs for age appropriate topics.

Baby signing helps to avoid the dreaded tantrums by enabling your baby to tell you what they want! As they become toddlers and start talking, the signs continue to help them to be understood while they improve on the clarity of their speech. This all helps to advance speech development; toddlers who have used baby signing commonly have a wider vocabulary than their peers.

Free Taster sessions are available. Classes run termly in Bar Hill and at other venues around Cambridge. For more information about **"Sing and Sign"** visit www.singandsign.com and click on the Classes link.

You can also email singandsigncambridge@yahoo.com or call /text 07732 380191.

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We also have a website where you can get more information, as well as lots of photographs to show you what we do at our Club,

www.barhilloutofschoolclub.com.

We are situated in our purpose built building next to the School, with direct access from the playground. We provide childcare both during term time, after school and all School Holidays, for children aged 3–14 in a safe, stimulating and caring home from home environment with trained and experienced staff. The children walk directly to us when school finishes, with the reception and infant children being met in the reception classes and then accompanied to our building by our staff. Our Pre-School children are also collected by our staff from their Pre-Schools.

Our children enjoy a wide range of inspiring equipment, games and craft activities, from pool to computer games, dressing up to craft and lots more, or if they prefer they can chill out on our comfy sofas. We also use the safe environment of the school playground for outdoor play. A snack, such as pasta, filled pittas etc followed by a biscuit and fresh fruit is provided. We make birthday cakes to celebrate each child's birthday, which we share.

We are registered with OSTED: this enables parents/guardians who are eligible, to claim up to 70% of their childcare costs. We are also able to accept childcare vouchers eg Fair Care and Busy Bees.

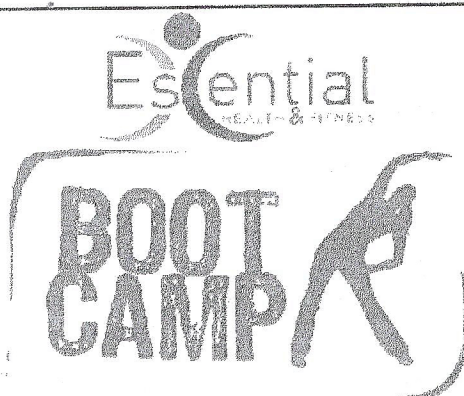
Our opening hours are: Term Time: 3.10 pm–6 pm Monday to Friday; School Holidays: 8.15 am–6 pm Monday to Friday; Craft sessions 10 am–Midday Monday to Friday – £5

During the school holidays we also offer full and part time childcare as well as occasional childcare. We also run special craft and come-to-play sessions during the school holidays 10 am–12 noon which have proved very popular, both with children and their parents/carers. It's a chance to get your shopping done or maybe do something for yourself!

Please feel free to contact us if you would like any more information or would like to come along and see what we have to offer.

Patsie Ostler –

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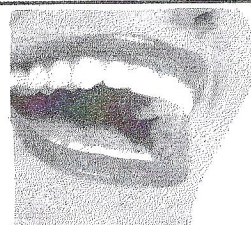
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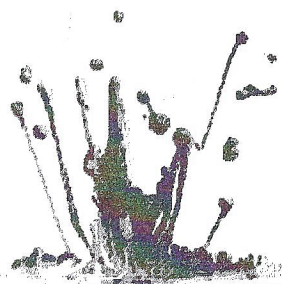
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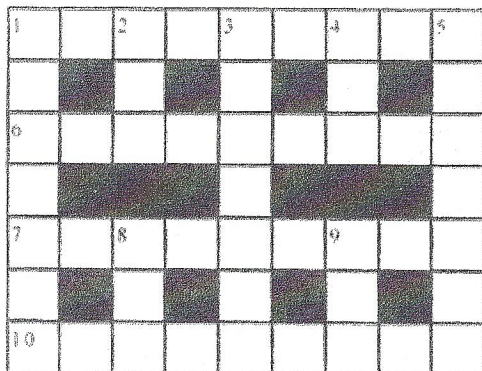
CROSSWORD CLUES FOR SEPTEMBER

[Your crossword complier is having IT issues. I received this on paper. I hope I've transcribed it correctly! Ed.]

"JUST ADD VOWELS"

Across: 1. CNVSSR. 6. RDDNNG. 7. CMMTTL. 10. LNCSTR.

Down: 1. CRCL. 2. ND. 3. MRC. 4. SK. 5. RGLR. 8. MN. 9. TT.



SOLUTION FOR AUGUST

Across: 1. Enigmatic . 6. Allocated. 7. Manhattan. 10. Segregated.

Down: 1. Erasmus. 2. Ill. 3. Macramé . 4. Tut. 5. Cadence. 8. Nag. 9. Tea.

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- Preparation of VAT returns;
- Weekly, monthly, quarterly;
- or ad hoc holiday cover;
- sickness or maternity leave.

Based locally.

Ring Denise on 07799 648327 so YOU can concentrate on running your business while I look after the paperwork...

AMATEUR PHOTO COMPETITION



Theme: Charity in the Community.

First place wins 'Children's Portrait Shoot' donated by Lee Allison Photography.

Entry fee: £2.50 per photo – maximum of four entries per person – hard copy only.

Include name, address and fee with entry.

All proceeds to BBC Children in Need.

Entries to 29 Watermead, Bar Hill, by 30th September.

Registered charity: 802052.

SWAVESEY RADSOC PRESENTS

A Fate Worse than Death

– A Comedy of Village Life –

By Richard James

At Swavesey Village College

On Friday 11 & Saturday 12 October 2013

– 7.30pm –

Actor Ray Martin is opening the village fete, playing on his fame as TV's Inspector Brady. Little does he know that ambition, infidelity and marrow envy will lead to murder, and he'll be left to solve it – without a script!

Tickets £7.50 / £5.50 concessions

Book online at www.swaveseyradsoc.org.uk or telephone 07504 552870

An amateur production by arrangement with LazyBee Scripts



RAD SOC

SEPTEMBER PUZZLE

Place the 27 'tiles' listed below to form the names of nine countries containing nine letters, horizontally, in alphabetical order.

A	N	D	G	A	P	O	N	E
A	N	D	G	R	E	O	R	E
A	R	A	G	U	A	R	I	T
A	R	G	I	N	A	S	I	A
A	U	S	I	N	D	S	I	N
E	L	A	I	U	S	S	W	A
E	N	L	L	I	A	T	R	A
E	N	T	M	A	U	V	E	N
E	Z	U	N	I	C	Z	I	L

Answers next month.

Do you need someone to feed your cat, regularly or occasionally? Look after your house when you go away? Retired non-smoking single lady is willing to help. *Reliable, trustworthy and kind.* CRB checked. 07946 165894

Paper delivery
07814 754520

...a note from the editor...a note from the editor...a note from the editor...a note from the editor...

I mentioned last month about bringing back an Events Calendar to Bar Hill News.

I've since been told that the Maple Surgery Patient Participation Group* publishes an excellent leaflet with regular activities and useful contacts.

Here's a link: <http://www.maple-ppg.org/miscellanea/leaflets/activities.pdf>.

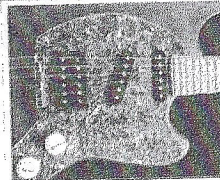
There seems little point in duplicating information when such a comprehensive leaflet is already available, but I'm happy to hear your thoughts on this. Please do continue to send your 'non-regular' events for publication.

* The Maple Surgery Patient Participation Group also publishes a leaflet about its regular Health Walks:

<http://www.maple-ppg.org/miscellanea/leaflets/healthwalks.pdf>.

COMMITTEE MEMBERS REQUIRED FOR BAR HILL VILLAGE HALL.

The Committee meets every two months. We have both Officers and independent member vacancies. Please come along to our AGM on 26 September 2013 in the committee room of the Village Hall. All users and hirers are expected to attend.



Phone
Steve Beaney

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- BAR HILL COLTS U7'S BLADES - END OF SEASON/SUMMER ROUND UP

It was a turbulent end to the last season as we had coaches come and go, but myself and Mark are now fully committed to the Blades. We would like to take this opportunity to thank the players and parents for their support during the transition.

In June the Bar Hill Colts attended a football tournament in Willingham where all teams played really well.



Blades Under 8's team from Willingham tournament

We also had a friendly at home with Cambourne where the Blades played very well overall, with some exceptional goal keeping from Josh and George W. We scored two goals, the first coming from Aston Wilson with a long run down the right and a clean strike into the bottom corner. The second came from Lewis Norden in the third quarter where he skipped past two of the opposition and smashed it into the back of the net. We were unlucky not to score more and hopefully we will even things up next time.

We are all looking forward to the upcoming season and welcome any support from local residents, so if you see blue and white playing on the green come and cheer us on!

Dom Swindell

...recipe...recipe...recipe...recipe...recipe...recipe...

SIMPLE LAMB BIRYANI

Ingredients

400g lamb boneless shoulder, diced
2 teaspoons garlic purée
2 teaspoons ginger purée
2 tablespoons balti curry paste
Juice of 2 lemons
1 tablespoon vegetable oil
1 onion, finely sliced
2 garlic cloves, sliced
2 fresh bay leaves, torn
1 cinnamon stick, broken in half
3 whole cloves
6 cardamom pods, crushed to expose the seeds
300g basmati rice
700ml chicken stock
100g frozen British garden peas, defrosted
15g fresh coriander leaves, washed and chopped
20g toasted flaked almonds to garnish

Method

For the marinade, combine the lamb with garlic and ginger purées, 1 tablespoon of balti curry paste, juice of a lemon and ½ teasp salt in a bowl. Cover and leave to marinate in the fridge for 2 hours (or overnight if possible).

Preheat oven to 200°C, fan 180°C, gas 6. On the hob, heat the oil in a flameproof casserole over a high heat and cook the lamb for 5 minutes until browned. Add the onion for 3-5 minutes until soft. Stir in the garlic and remaining curry paste, and cook for 30 seconds before adding bay leaves, cinnamon, cloves, cardamom pods and rice. Stir to coat the lamb and rice all over. Pour in the hot stock, scraping the bits from the bottom of the pan, and season to taste. Bring to a simmer. Cover with foil followed by a tight-fitting lid and place in the oven to cook for 20 minutes until the rice is tender. Remove from the oven and stir through the peas. Remove the cloves, then sprinkle with the chopped coriander leaves, remaining lemon juice, and scatter with the flaked almonds to serve.

Serves 4.